










Going Swimming at Serennu

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for the Story Massage Programme

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 <small>©storymassage.co.uk</small>	We are going swimming in the hydro pool.
 <small>©storymassage.co.uk</small>	I go up in the hoist, and down into the warm water.
 <small>©storymassage.co.uk</small>	In the water, I float up and down the pool on my back.
 <small>©storymassage.co.uk</small>	I can spin round and round in circles in the water.
 <small>©storymassage.co.uk</small>	I can bob and bounce up and down, in and out of the water.
 <small>©storymassage.co.uk</small>	Before I go out of the pool, I use the woggles to have a relaxing float.
 <small>©storymassage.co.uk</small>	I go back in the hoist. Swimming has finished.
 <small>©storymassage.co.uk</small>	Time to have a nice hot shower. I can feel the water over my body.
 <small>©storymassage.co.uk</small>	Quick! Wrap up in a nice fluffy towel to get warm and dry.